

# HealthNutriti**n**INDIA

## Indicators List

(\*This is a tentative list and will be updated as per the requirements

\*Data is not updated for all the indicators as of now but will be updated in coming few days)

## Prepared by



### Source:

- Menon, Purnima; Avula, Rasmi; Sarwat, Esha; Mani, Sneha; Jangid, Manita; Singh, Anamika; Kaur, Supreet; Dubey, Alok Kumar; Gupta, Shuchita; Nair, Divya; Agarwal, Pulkit; and Agrawal, Nitya. 2020. Tracking India's progress on addressing malnutrition: What will it take? POSHAN Policy Note 34. New Delhi, India: International Food Policy Research Institute (IFPRI). <https://doi.org/10.2499/p15738coll2.133750>
- UNICEF Conceptual Framework on the Determinants of Maternal and Child Nutrition, 2020 (<https://www.unicef.org/media/91741/file/UNICEF-Nutrition-Strategy-2020-2030-Brief.pdf> )

# Adolescence

Manifestation	Interventions	Determinants
Anaemia (10-14 year girls), Anaemia (15-19 year girls), Blood Pressure (15-19 years), Cholesterol (10-14 years), Cholesterol (10-19 years), Cholesterol (15-19 years), Folate (10-14 years), Folate (15-19 years), High Blood Sugar (10-14 years), High Blood Sugar (10-19 years), High Blood Sugar (15-19 years), High HbA1c (10-14 years), High HbA1c (10-19 years), High HbA1c (15-19 years), Iron Deficiency (10-14 year girls), Iron Deficiency (15-19 year girls), Low BMI (15-19 year girls), Overweight (15-19 years), Triglycerides (10-14 years), Triglycerides (10-19 years), Triglycerides (15-19 years), Vitamin A (10-14 years), Vitamin A (15-19 years), Vitamin B12 (10-14 years), Vitamin B12 (15-19 years), Vitamin D (10-14 years), Vitamin D (15-19 years), Waist Circumference (10-14 years), Waist Circumference (15-19 years), Zinc (10-14 years), Zinc (15-19 years)	Family Planning, IFA Rx (15-19 year girls), Unmet need, Unmet need for spacing,	Adolescents (10-14 years), Adolescents (10-19 years), Adolescents (15-19 years), Bank/Post Office Account, BPL Card, Child Faeces Disposal, Clean Fuel, Electricity, Female Household Headship, Hand Washing, Health Insurance, Improved Toilet, Improved Water, Iodized Salt, Open Defecation, Population, Rashtriya Swasthya Bima Yojana (RSBY), Solid Fuel, Women's Literacy

## Women of Reproductive Age

Manifestation	Interventions	Determinants
Anaemia, Asthma, Blood Pressure, High Blood Sugar, High Blood Sugar (Reported Diabetes), Hip Circumference, Low Arm Circumference, Low Height, MMR, Obesity (BMI > 30kg/m2), Overweight, Thyroid, Treatment Asthma, Treatment Diabetes, Treatment Thyroid, Waist circumference	Contraception, Family Planning, Hypertension Rx, Hypertension Rx Treatment, Unmet need, Unmet need for spacing	Bank/Post Office Account, Big Health Problems, BPL Card, Child Faeces Disposal, Clean Fuel, Contact Health Worker, Domestic Violence, Early Childbearing, Early Marriage, Electricity, Female Household Headship, Hand Washing, Health Insurance, Improved Toilet, Improved Water, Iodized Salt, Mobile Financial Transactions, Open Defecation, Population, Rashtriya Swasthya Bima Yojana (RSBY), Solid Fuel, Women Health Insurance, Women of Reproductive Age (15-49 years), Women's Bank Account, Women's Education, Women's Empowerment, Women's Literacy, Women's Phone

## Pregnancy

Manifestation	Interventions	Determinants
Anaemia, Blood Pressure, High Blood Sugar, Obesity, Overweight, Waist Circumference	ANC (1+), ANC (1st trimester), ANC (4+), ANC (weighed), ANC Counselling, ANC from skilled provider, BF Counselling, Deworming, HIV counselling and test during ANC, HIV counselling during ANC, HIV test during ANC, IFA Consumption, IFA Consumption (100), IFA Rx, Information on Pregnancy complications, Malaria prevention, Male aware of Pregnancy complications, Male involvement during ANC, MCP Card, Neonatal TT, Pregnancy complication treatment seeking, Pregnancy Registration, Pregnancy TT, Supp Food, Supp Nutrition	Bank/Post Office Account, BPL Card, Child Faeces Disposal, Clean Fuel, Electricity, Female Household Headship, Hand Washing, Health Insurance, Improved Toilet, Improved Water, Iodized Salt, Open Defecation, Population, Pregnant Women, Rashtriya Swasthya Bima Yojana (RSBY), Solid Fuel, Women's Literacy

## Delivery/PNC

Manifestation	Interventions	Determinants
	BF Counselling, Birth Registry, Clean Blade Use (Home Deliveries), Cord Care, C-Section, C-Section (Private), C-Section (Public), Delivery Costs, Early Initiation BF, Financial Asst., Inst. Delivery, Inst. Delivery (Private), Inst. Delivery (Public), Men's Counselling on Breastfeeding, Men's Counselling on Family Planning, Men's Counselling on Institutional Delivery, Men's Counselling on woman's nutrition, PNC (Babies), PNC (Women), Postpartum Complications, Provider Mother's PNC, Skilled Birth Attendant, Time C-section (After onset of labour pains), Time C-section (Before onset of labour pains)	Bank/Post Office Account, BPL Card, Child Faeces Disposal, Clean Fuel, Delivery/PNC Women, Electricity, Female Household Headship, Hand Washing, Health Insurance, Improved Toilet, Improved Water, Iodized Salt, Open Defecation, Population, Rashtriya Swasthya Bima Yojana (RSBY), Solid Fuel, Women's Literacy

## Early Childhood

Manifestation	Interventions	Determinants
Anaemia, IMR, Iron Deficiency, Low Birth Weight, MUAC <115 mm, MUAC <125 mm, NMR, Overweight, Severe Underweight, Severe Wasting, Stunting, U5-MR, Underweight, Vitamin A, Vitamin B12, Vitamin D, Wasting, Zinc	ARI/pneumonia Rx, Deworming, Full immunization, Growth Monitoring, IFA Rx, Nutrition Counselling, ORS Rx for Diarrhoea, Supp Food, Vitamin A Rx, Zinc Rx for Diarrhoea	ARI/Pneumonia, Bank/Post Office Account, BPL Card, Child Faeces Disposal, Children (<5 years), Clean Fuel, Continued BF, Diarrhoea, Electricity, Exclusive Breastfeeding, Female Household Headship, Hand Washing, Health Insurance, Improved Toilet, Improved Water, Intro Comp Foods, Iodized Salt, Med Duration EBF, Min Acceptable Diet, Min Dietary Diversity, Min Meal Frequency, Open Defecation, Population, Rashtriya Swasthya Bima Yojana (RSBY), Solid Fuel, Women's Literacy

## School Age

Manifestation	Interventions	Determinants
Anaemia, Cholesterol, Folate, High Blood Sugar, High HbA1c, Iron Deficiency, Overweight, Stunting, Triglycerides, Underweight, Vitamin A, Vitamin B12, Vitamin D, Zinc		Bank/Post Office Account, BPL Card, Child Faeces Disposal, Children (5-9 years), Clean Fuel, Electricity, Female Household Headship, Hand Washing, Health Insurance, Improved Toilet, Improved Water, Iodized Salt, Open Defecation, Population, Rashtriya Swasthya Bima Yojana (RSBY), Solid Fuel, Women's Literacy